



**E3 EXPEDITIONS FROM EARLY-MID DECEMBER**

**E3 OTAGO**

**COST: \$500**  
**STARTS: LAKE HAWEA**



**E3 CENTRAL NORTH ISLAND**

**COST: \$350**  
**STARTS: SCRIPTURE UNION**  
**ADVENTURE LODGE RUAPEHU**



**E3 CANTERBURY**

**COST: \$500**  
**STARTS: CHRISTCHURCH**



**E3 BAY OF ISLANDS**

**COST: \$500**  
**STARTS: AUCKLAND OR**  
**BAY OF ISLANDS**



**E3 YOUNG ADULTS**

**COST: \$350**  
**STARTS: FEBRUARY 2025**  
**LOCATION: TBC SEPTEMBER**



# E3 WILDERNESS EXPEDITION

**EQUIP EXPLORE EMPOWER**



## WHAT'S E3 ABOUT

E3 is a multi-day wilderness expedition by tramping, rafting, sea kayaking, mountain biking with expert instructors from the E3 ministry partnership of SUNZ, Adventure Specialties Trust & A Rocha Aotearoa NZ. E3 ministries believe that wilderness experience helps to develop faith character and appreciation of God's creation. Participants need to have some level of fitness. Each E3 team will support and help each other on this life changing journey.



## WHO CAN APPLY

E3 is for 17 - 18 years (Years 12 & 13)

Each E3 expedition is aimed at an average fitness level & all technical equipment and expertise are provided.

[WWW.SUNZ.ORG.NZ](http://WWW.SUNZ.ORG.NZ)  
EMAIL: [CAMPS@SUNZ.ORG.NZ](mailto:CAMPS@SUNZ.ORG.NZ)

## WHAT PARTICIPANTS HAVE SAID

“I learnt a lot about myself and others, also how amazing creation is! Seeing beautiful scenery I’ve never experienced before all created by God!”

“It was an environment that you could feel comfortable to share your feelings - this was a big help as it was encouragement in my faith journey.”

“Through E3 I have grown in confidence in myself. I also think my mental strength has improved. What I learned on E3 has helped me in the leadership role I now have at school.”

“We started off as a bunch of strangers and ended up like a close knit family.”

## WHAT WILL BE INVOLVED

We are offering five E3 Wilderness Expeditions.

**E3 Otago** scaling alpine passes in Aspiring National Park, kayaking and biking into Wanaka.

**E3 Central North Island** 7 days traversing part of Tongariro National Park, canoeing to the coast of Whanganui.

**E3 Canterbury** tramping through Lewis Pass high country, biking, multi-day rafting on Clarence River.

**E3 Bay of Islands** embrace the history of Aotearoa New Zealand on an epic expedition from Waitangi.

**E3 Young Adults** A stunningly different location each year. Where the 7day journey & location & conversation are all as deep and rich as each other.

